



THE Beauty STAGE

SATURDAY 4th JUNE

10.30 - 11.00

“STROBING & NON-TOURING”

How to create the hottest trend with GOSH Cosmetics

11.00 - 11.30

“TAKING CARE OF THE SKIN NATURALLY”

with Holos Skincare

11.30 - 12.00

MAKE UP TUTORIAL with BPerfect Cosmetics

12.00 - 12.15

MOTIVATION WEIGHT MANAGEMENT FORUM

12.15 - 12.30

“THE ROLE OF NUTRITION & MARATHON RUNNING”

with Niall Moloney - Registered Dietitian & Sports Performance Nutritionist

12.30 - 13.00

“BROW DILEMMAS” with Benefit Cosmetics

13.00 - 13.30

“B OUR CHAMPION” WINNER ANNOUNCEMENT

with Black Tower Wines

13.30 - 14.00

“STROBING & NON-TOURING”

How to create the hottest trend with GOSH Cosmetics

14.00 - 14.30

“TAKING CARE OF THE SKIN NATURALLY” with Holos Skincare

14.30 - 15.00

“CONTOURING TIPS” with Benefit Cosmetics

15.00 - 15.30

“PRE & POST MARATHON YOGA”

with Paulette Egan - Founder of SportsYoga.ie & iSpy Sports Clothing

15.30 - 16.00

“STROBING & NON-TOURING”

How to create the hottest trend with GOSH Cosmetics

16.00 - 16.15

MOTIVATION WEIGHT MANAGEMENT FORUM

16.15 - 16.30

“BE YOUR OWN SUCCESS”

with International Jewellery Designer Melissa Curry

16.30 - 17.00

MAKE UP TUTORIAL with BPerfect Cosmetics

17.00 - 17.30

“TAKING CARE OF THE SKIN NATURALLY” with Holos Skincare



THE Beauty STAGE

SUNDAY 5th JUNE

10.30 - 11.00

“STROBING & NON-TOURING”

How to create the hottest trend with GOSH Cosmetics

11.00 - 11.30

“TAKING CARE OF THE SKIN NATURALLY”

with Holos Skincare

11.30 - 12.00

MAKE UP TUTORIAL

with BPerfect Cosmetics

12.00 - 12.30

MOTIVATION WEIGHT MANAGEMENT FORUM

12.30 - 13.00

“BROW DILEMMAS”

with Benefit Cosmetics

13.00 - 13.30

“TAKING CARE OF THE SKIN NATURALLY”

with Holos Skincare

13.30 - 14.00

“STROBING & NON-TOURING”

How to create the hottest trend with GOSH Cosmetics

14.00 - 14.15

“PRE & POST MARATHON YOGA”

with Paulette Egan - Founder of SportsYoga.ie & iSpy Sports Clothing

14.15 - 14.30

MOTIVATION WEIGHT MANAGEMENT FORUM

14.30 - 15.00

“CONTOURING TIPS”

with Benefit Cosmetics

15.00 - 15.30

“TAKING CARE OF THE SKIN NATURALLY”

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15.30 - 16.00

“STROBING & NON-TOURING”

How to create the hottest trend with GOSH Cosmetics

16.00 - 16.30

MAKE UP TUTORIAL

with BPerfect Cosmetics

16.30 - 17.00

MOTIVATION WEIGHT MANAGEMENT FORUM

17.00 - 17.30

“STROBING & NON-TOURING”

How to create the hottest trend with GOSH Cosmetics